

Company C, 1st Battalion, 126th Aviation (GSAB)



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T H E

Family Readiness Group

Camp Beuhring
Kuwait

June/July
2012

From the Commander

GREETINGS FROM KUWAIT!

Major Mark Stevens

Charlie Company Family and Friends-

Hello Maine and Oregon families and friends! June/July is upon us and we have officially finished our first complete month "in-country." The time is flying along and we will be on our way home before you know it. I have heard some people comment that the days go by slow but the weeks are going by fast. I think that is a true assessment as most of us never know what day of the week it is anyway. I only know that another week has passed because each Friday the chow hall serves steak!

We have been busy as usual. We took over from the Navy nearly six weeks ago. It was a nice Transition of Authority ceremony and the Navy did a great job teaching us all of their routines.

The good news is that since the Transition of Authority there haven't been a lot of "customers" for this great medevac unit. The isn't really any bad news it just means that we're doing a lot more training flights rather than medevac missions but that's ok by me. Our crews, maintainers, and operations personnel are taking advantage of the time to improve their skill sets and make things better for us and the folks who will follow us.

Last month we finally got all of our Charlie Company personnel back to Beuhring. As you know, many of our folks were spread out doing various exercises, training and movement tasks. It's great

to have everyone in one location and doing well. The exercise conducted in a neighboring country went off without a hitch with a superb job done by all participants.

I hope everyone has a fantastic summer and I'm sure the kiddos are already excited about the prospect of school getting out! Have a great month and remember, if you need anything from me, simply get with Mr. Libby and he will coordinate. Take care-

-MAJ S

From the First Sergeant

Hello Families, loved ones and friends,

As I write this, we are in the midst of another sandstorm! We have come to accept and get used to (but not necessarily like!) the harsh weather conditions we are going to be experiencing over the course of the next few months. Now we go outside when it is 110 degrees and think "this weather isn't bad"! It is amazing what we have come to adapt to in such a short amount of time.

As the Commander said in his comments, we have not been busy with emergency missions, but we have kept a steady training pace up in order to be as best prepared as we can possibly be in the event we are needed to transport an injured or sick casualty. We have operations steadily working around the clock in order to be able to meet our mission requirements. Although the environment makes things challenging for us, we are operating in as safe a manner as possible.

In addition to our mission training, we have a large number of people who are committed to getting in better physical shape. A lot of people have begun training routines. People are doing everything from running to cross fit. A few adventurous people have even begun to attend yoga classes! Everyone is finding their own way of helping the time go by.

We also have two MWR (morale, welfare, and recreation) officers who plan events for our unit to help us "unwind". We had a companywide cookout with hot dogs and hamburgers. It was a good opportunity for us all to get together and relax and develop more camaraderie. We all look forward to more events in the future.

As always, we look forward to our return home.

Brian Clark, 1SG

From the Rear Det.

126th FRG
Greetings from the Rear.

Welcome to the June/July edition of the FRG Newsletter. We have a few organized events coming up in the next few weeks to inform you all of. So let's get right to it.

- Saturday August 4th - Yellow Ribbon Sustainment Fair & Family Check-up:
 - 10:00am-3:00pm Sustainment Fair (families of deployed members)
 - 3:00pm-6:00pm Family Free time (all welcomed)

This is being held at the Waterville YMCA/Boys and Girls Club, better known to some as the Alford Youth Center. Check in begins at 10:00am and the informational fair will begin shortly after. Childcare will be provided while you attend the fair. Lunch will be catered by a local Subway. After 3:00pm we will have the place to ourselves. This is a wonderful opportunity provided to us by the State's Family Program. Bring your questions and concerns and more importantly, your swim suits for a fun day. Please see the attached flier for information. *(The flier says registration is closed; this is true if you wished to be reimbursed for travel expenses. All others wishing to attend may do so anytime. If you can't make it until 12:00pm, no problem. Show up when you can.)* Check out the facility below:

<http://www.aplaceforkidstogo.org/>

- Sunday August 5th - 126th Family Day:
 - 11:00am-3:00pm Unit Family Day (Open to all family and friends of the 126th)

The very next day (Sunday) we will be holding our rear detachments family day. This will be the same event in years past. The Army Aviation Support Facility will be opening for tours (Come see the newest members of our unit; 2 new helicopters, they still have that new car smell to them). There may be a live military display. Children can ride in military vehicles and check out interactive exhibits. Lunch will be served and a good time will be had by all (mandatory).

We invite all who attend any scheduled event to bring in your redeemable bottles and cans. All proceeds from these collections will go towards items and shipping costs of care packages.

- Saturday September 8th :
 - 12:00pm - 126th Parent Group. Stay tuned for more information.
 - 1:00pm - FRG meeting. At this meeting we will be discussing future events, fundraising ideas, and a care-package event. We encourage anyone to attend.

RE Care packages; I will be sending over a Keurig Coffee maker to the unit overseas. I have also purchased many of the K-cups to send over as well. One of the biggest issues the unit has had is the fact that the chow hall is so far away. Walking with a cup of coffee, out in the elements, for nearly a mile is quite the chore. If you know your soldier to love their coffee, be sure to send their favorite over to them. Here is a link to view the variety:

<http://www.keurig.com/shop/k-cups/all-k-cups>

FYI concerning K-cups: Dunkin Donuts has just launched a line for these machines.

Stay tuned for more to come in the months ahead. Take advantage of some free, informative fun, with the events coming up. If nothing else, spend some time with people dealing with the same things. As always, my office is open to all of you 24hours a day. If you have any questions or concerns, do not hesitate to pick up the phone and call. Enjoy this beautiful summer and continue to support your loved ones. Thank You

Mr Libby & Heather Trainor

Important Contact Info.

Remember, if you are a Maine family and need any information or assistance, these are the folks you should contact in this order!

1. Mrs. Heather Trainor – Family Readiness Group Leader
126frg@gmail.com
2. CW2 Todd Libby – Rear Detachment, Title 10
207-620-2280
3. 1LT Cliff Trainor – Rear Detachment OIC (Officer-In-Charge)
207-430-5336

Other Helpful Numbers:

- 24 Hr. Hotline 1-888-365-9287
- AAFEES....Augusta 207-626-4123
- AAFEES....Bangor 207-990-7233
- American Red Cross 1-800-427-0009
- Chaplain 207-430-5898/5899
- Chaplain 24 Hour Careline 207-620-6009
- Commissary Bangor 207-990-7752
- Commissary Brunswick 207-921-2990
- Child and Youth Services Coordinator 207-430-5773
- Deployment Cycle Support Services, Director 207-430-5770
- Family Assistance Center Manager 207-430-5780
- **Family Assistance Center 24 Hour Hotline 1-888-365-9287**
- Family Program, Director 207-430-5777
- Family Readiness Assistant 207-430-5779
- ID Cards/DEERS (Camp Keyes) 207-626-4387
- Judge Advocate General (JAG) 207-626-4271

- Military One Source Consultant 207-232-8710
- Military One Source 24 Hour Hotline 1-800-342-9647
- Transition Assistance Advisor 207-430-5778
- USPFO 207-430-5619
- Yellow Ribbon NCOIC 207-430-5771
- Youth Programs Coordinator 207-430-5773



This is exactly who I want to see coming if I am hurt or injured...



A Fun Event For YOU!
Saturday, August 4th
10:00 – 3:00 PM
Outdoor Waterpark from 3-6
Alfond Youth Center, Waterville



Yellow Ribbon Sustainment Fair & Family Check-up.

The event details are as follows:

Sessions: 10:00-3:00 -- Catered Lunch at 12:00 -- and Waterpark Fun 3:00 - 6:00

Training and Activities for the Kids too!!!

Location: Alfond Youth Center, 126 North St, Waterville, ME 04901

www.aplaceforkidstogo.org

REGISTER BEFORE 12 JULY TO BE ELIGIBLE TO ATTEND THIS EVENT!!

REGISTRATION FORM ON BACK OF FLYER

FULL AGENDA WILL BE AVAILABLE UPON CONFIRMED REGISTRATION

In addition to the informational workshops that are offered and use of the facility.....which includes, climbing wall, bounce zone, rec rooms with pool tables, air hockey, and foosball, we've contracted the outdoor pool which includes fountains and water slides! So, bring your suit and towel for some waterpark fun! A Catered Lunch will be provided.

This is a premier event that will be fun for the entire family!



If you haven't already registered, please RSVP ASAP (before 12 July 2012) by calling your Yellow Ribbon Office

SFC Jonathan Jensen – 430-5771

FRSA Maureen Hickling 430-5932



