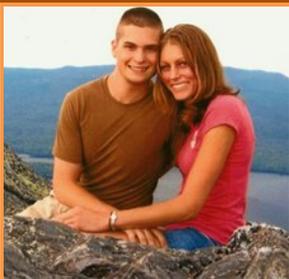


"5K for Jay"

1st Annual Run/Walk/Crawl Event

To raise scholarship funds for those who serve our country and for the cause of freedom



Monday, Sep 1, 2014
American Legion Hall, Newport, ME
Registration 11:30-12:30
Race/Walk at 1:00PM

Capt. John "Jay" Brainard, 26 of Newport, was killed in action facing the enemy in Wardac Province, Afghanistan, Memorial Day, May 28, 2012. He had been assigned to the 12th Combat Aviation Brigade, Ansbach-Katterbach, Germany, supporting Operation Enduring Freedom. Jay served as a platoon leader and then brigade adjutant for 12th CAB before his first deployment April 30, 2012 as an Apache helicopter pilot in Afghanistan. Jay loved serving in the Army. It's been said that he was very career minded and "bled green." He was a strong leader and believed his most important job was helping other soldiers. Jay was a local boy who attended Nokomis and Foxcroft Academy and was a graduate of UMO.

COURSE DESCRIPTION: This 5-kilometer (3.1 mile) event is a down and back course, starting at the American Legion Post in Newport. The route travels through a residential area along the shore of Sebasticook Lake with minimal traffic.

ENTRY FEE AND AWARDS:

Pre-registration by August 25: \$15 for 18 and under
\$20 for 19 and over

After August 25: \$20 for 18 and under
\$25 for 19 and over



T-shirts will be provided on a first-come, first-serve basis. A BBQ will be held at the end of the race for all participants and their families, family members and friends who would like to attend.

All proceeds will go towards 6 scholarships for ROTC students: 1 to Nokomis, 1 to Foxcroft Academy, with the remaining going to those enrolled into ROTC programs at various academic or military colleges

INDIVIDUAL SPONSORS: Participants may collect individual sponsors for this event. The individual who collects the highest sponsor amount will be recognized the day of the event by receiving a special reward.

OFFICIAL ENTRY FORM: Enter all information below, on separate forms for each participant and sign the waiver, which is required for participation.

Name: _____ Age on September 1, 2014: _____

Address: _____

Email: _____

Gender: Male Female T-Shirt Size: Youth S M L XL Adult S M L XL

Registration For: 5K Run 5K Walk Entry Fee: \$15 \$20 Add'l Donation (If Any): \$ _____

WAIVER OF ALL LIABILITY AND DAMAGES: I acknowledge that participating in this event is a potentially hazardous activity. I will not participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete this event. I assume all risks associated with participating in this event including but not limited to falls, contact with other participants, the effects of weather, traffic, and conditions of the road, and all other risks whether known or unknown to me for myself and on behalf of any participant listed on this form. Having read this waiver and knowing these facts and in consideration of accepting my entry I, for myself and anyone entitled to act on my behalf waive and release the "5K for Jay", its sponsors, organizers, volunteers, municipalities, and their representatives, affiliates, subsidiaries, principals, agents, officers, employees, successors and assigns from all claims or liability of any kind arising out of my participation in this event or its related activities which I or my successors, assigns or heirs may have now or in the future hold or allege against any of them. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other records of this event for any purpose at their sole discretion. Applications for minors will be accepted only with a parent's signature and all children under the age of 12 participating in this event must be accompanied by an adult for the duration of this event.

Acknowledgement of Participant:

Signature of parent/guardian of participant under 18:

Checks payable to 5K for Jay. Mail form to 5K for Jay, PO Box 62, East Newport, ME 04933

For more information email to trueknight7777@gmail.com

"A Labor of Love"