

Maine Military Couples Marriage Enrichment

*February is the month of Love.
Give the one you LOVE the gift of TIME!
Enjoy a stress free weekend at the
Hilton Garden Inn, Freeport Downtown*



22-24 February 2013 • Freeport, Maine

Friday: Travel Day • Saturday: 8:00 a.m.-4:00 p.m. • Sunday: 8:00 a.m.-1:00 p.m.

Registration Instructions:

To register go to www.JointServicesSupport.org. and scroll down to *Upcoming Events box*, then click *More Program Events*, then click *State/ Regional: Workshop/Conference : Marriage Enrichment for Maine Military Couples, Freeport, 22-24 February 2013*, and click *Registration*. For questions about registration contact Michelle.Darveau@us.army.mil or call 207.430.5779. Registration deadline is 4 February.

What is provided for Maine National Guard Couples:

- Army Guard
 - Lodging Friday & Saturday evenings at no cost—we will book it!
 - 3 Meals provided for weekend.
- Air Guard
 - Couples with questions about lodging and other per diem and/or expense questions, please contact the A&FRPM, Drew Matlins at 207.404.7494.
- A toolbox of good educational communication skills!

What is NOT provided:

- Army Guard-Mileage *not available*.
- Childcare.

Other Maine Military Couples:

- Check with unit of assignment to see if there is funding for Strong Bond events. You are most welcome, but attendance must be approved and budgeted through your specific service branch.

PREP is an educational program designed to help couples communicate and build a stronger connection to each other. It is a research-based approach to helping couples prevent divorce and preserve a lasting love. Developing and keeping open communication lines is key to maintaining a successful marriage especially after experiencing long separations associated with deployment.

*Questions about curriculum can be directed to
Chaplain (CPT) Earl Weigelt @ earl.e.weigelt@us.army.mil or at 430-5898*

**A FREE Service provided by National Guard Bureau
Family Program & Chaplain Services**