



488th MP CO FRG Newsletter- November

The holidays are upon us! For some families this may be the first Holiday season without your soldier at home. This can be especially stressful. Please, if you see someone struggling this season. Reach out to them and lend an ear or a hand. There are many resources available to help with stress, both emotional and financial during the holidays. Just remember, every day that passes is one day closer to being reunited with the brave men and women who are serving overseas. Happy Holidays to you all!

FRG News:

We would like to welcome home the soldiers who returned back to Maine from Texas to join the Rear Det!

Check out our updated website! Here you will find FRG News, photos from past events, and pictures of the merchandise we have for sale. 488th MP merchandise makes a great holiday gift!

<http://www.me.ngb.army.mil/family/488thMP.php>

We are pleased to announce that our parent group has started their birthday card mailing to all soldiers who are deployed. We hope this will help to lift their spirits and help them feel connected.

If you are not receiving our FRG email updates, or have not received a phone tree call, please contact us so we can update your information. We are getting many returned emails, and want to make sure everyone is staying connected! You can email us at 488thmpfrginfo@gmail.com.

FRG Leadership Message:

It has been brought to our attention that there are some rumors flying pertaining to when our soldiers are coming home and information the FRG is withholding. At this time there has been no information put out regarding homecoming. If we were given the information we would give it to the families. That's what we are here for. Please continue to squash any of these rumors that you hear. If it doesn't come from the unit it's not true. These things become very unhealthy for families and the unit and add additional unnecessary stress. Thank you for your assistance with this. Also this is a friendly reminder to continue to be aware of what you are posting on Facebook, not only for security reasons but because we are all a reflection of our soldier too. Remember to take care of yourselves and that you are not alone. Please reach out to us if you need anything. This goes for the Rear Det as well.

Fundraising:

At this time we are organizing our stock to prepare to order new products. If you would like to purchase a T-shirt, sweatshirt, or onesie, please contact us as soon as possible or stop by our FRG office during drill weekend. We have limited quantities available at this time. Information on pricing can be obtained on our website (<http://www.me.ngb.army.mil/family/488thMP.php>). We have recently re-stocked our magnets! They are available in Supporting the 488th, 488th MP CO I (heart) my soldier, and 488th MP CO Proud Parent. These magnets, as well as our 488th MP CO coffee mugs and stickers are only \$5.00.

Upcoming Meeting: There will be **no FRG meeting during November**. This will allow us to plan for our annual Holiday event in December. Be on the lookout for an invitation to this always popular event!

Important Websites and Phone Numbers:

Maine Army National Guard Family Assistance Center: <http://www.me.ngb.army.mil/family/> 1-888-365-9287

Guard Family Portal: <http://www.jointservicessupport.org> Unit Website:

<http://www.me.ngb.army.mil/family/488thMP.php>

FRG Volunteers Contact Information:

FRG Email: 488thmpfrginfo@gmail.com

Amanda P.-FRG Leader/Alexis S.-Co-Leader/Sharon R.-Treasurer /Tracy R.-Communication Chairperson

Beth T.-Fundraising Coordinator/ Destinee R. – Historian / Vicky K. –Hospitality / Jessica T. - Secretary / Terri H. – Parent Group Leader